

What to bring

Your walker number, sponsor form, spare clothing, a few plasters, waterproofs and something to eat and drink. Drinks, sweets and snacks will be available at St Luke's Church and cold drinks will also be available at strategic points on the route, but you are strongly advised to bring your own picnic.



What to wear



Comfortable boots or walking shoes as some paths can be rough and muddy. Waterproofs and warm clothing are needed in case the weather turns nasty as parts of the route are fairly exposed.

Organisation

There are marshals and other helpers available throughout the route to assist with any queries or emergencies. The Trek organisers hope you will have a safe and enjoyable day out. The organisers can be contacted on the day of the walk on 0114 2301624.

After the Trek

Don't forget to check out and collect your sponsor sheet when you get back to St Luke's. We hope you will collect your sponsor money as soon as you can. There is a just giving site you can link to if you would rather collect your sponsor money this way. See website for details. (www.sheffieldmaydaytrek.org.uk)

When you have collected it, please send it in the form of a **cheque or postal order**, with your **sponsor form** to :

CAFOD Hallam, St. William of York, Ecclesall Rd., Sheffield, S11 8TL.

Why walk?

- More people on the move than ever before – **250 million migrants, refugees, asylum seekers**
- **65 million people forcibly displaced** – two-thirds within their own countries (DRC, Colombia, Syria..)
- **Most (75%) refugees are hosted by developing countries** (Turkey, Pakistan, Lebanon, Iran, Uganda, Ethiopia..)
- Half of the world's refugees are children
- People forced to move likely to grow due to conflict, floods, drought, lack of work

SHEFFIELD

MAY DAY TREK 2017

INFORMATION GUIDE for **CAFOD** walkers Just one world 6 or 11 MILE WALK

Monday 7th May 2018

Thank you for registering for this year's May Day Trek

You have chosen to support CAFOD and your registration number is given on your e-mail.

This year there is the choice of two routes, all beginning at St Luke's Church and passing through the Hallam Moors to the West of Sheffield.

The 6 mile route is suitable for families with young children. The 11 mile route is for those who want a bit more of a challenge.

Please check in at St Luke's Church, Lodge Moor, Sheffield S10 4LQ between 9.30 and 10.30 a.m.

There will be a short welcome and opening prayer at 10.00 a.m., and you may start walking at any time after that up to 10.40 a.m.

If you have any further questions please visit the web-site www.sheffieldmaydaytrek.org.uk,

e-mail sheffieldmaydaywalk@gmail.com or telephone 0114 2759828



The walks start and finish at St. Luke's Church. There are 2 circular walks of 6 and 11 miles into and through the Hallam moors to the west of Sheffield.

The 6-mile walk is family friendly for those with young children, though it is not suitable for buggies. This walk goes out and back along Redmires Conduit, and around Redmires reservoirs via Redmires Road along the north side and the Yorkshire Water concessionary path along the south side.

The 11-mile walk is suitable for those who want something longer, though probably unsuitable for very young children. This leaves following the Sheffield Night Hike route in reverse; along David Lane past the Mayfield Centre, crossing the Porter Valley, upto the Norfolk Arms at Ringinglow, and following the track over Houndkirk Moor. About 1/2 mile before the A57 and Fox House, the route leaves the Night Hike route, turning right across Burbage Moor to Upper Burbage Bridge, upto and along Stanage Edge, and turning right to rejoin the Night Hike route past Stanage Pole, following the Yorkshire Water concessionary path along the south side of Redmires reservoirs and back along Redmires Conduit.

Full walk guides are available on the website and there will be some available on the day.

Disclaimer

Please make sure that you are physically fit enough to participate in your chosen walk. Christian Aid and CAFOD cannot be held responsible for any accidents, injury or loss of property that may occur during the walk.

Getting to St Luke's Church, Lodge Moor

St Luke's Church is situated on the corner of Blackbrook Road and Blackbrook Drive. Heading out of Sheffield on the A57, turn onto Sandygate Road at Crosspool then follow this road as it changes to Redmires Road until you have passed the Hallamshire golf course then turn left onto Blackbrook Road. Parking is available on the street or the roads immediately adjacent to the church.

Public Transport

Bus number 51 from Sheffield City Centre stops at the corner of Redmires Road/Blackbrook Road. There is currently a service leaving Arundle Gate at 0834 and 0934 on May Day however this may change so please check with Travel South Yorkshire closer to the day on 01709 51 51 51.

Take action on the refugee crisis



Share the
Journey
#sharejourney

Two new global compacts at the UN

In September 2018, world leaders at the United Nations will agree 2 new compacts: one on refugees; one on migration. Pope Francis has spoken of this as a 'unique opportunity' for Catholics worldwide to put pressure on governments to make global commitments which place **human dignity of people** on the move at their heart.

What CAFOD's campaign is calling for

CAFOD's campaign calls on the UK Government, and world leaders, to make a united, global response, through agreements which:

1. **Respect human dignity**, giving rights to citizenship, work and freedom.
2. **Protect the vulnerable**, especially children, older and disabled people.
3. **Support host countries**, especially in the developing world, who welcome a large number of refugees.
4. **Keep families together** and enable divided families to reunite in safety.
5. **Tackle the reasons why people migrate**, such as conflict and climate change.

What can I do? - A: Step up and step out!

1. **Sign the petition to the Prime Minister** - online at www.cafod.org.uk or on the 'Share the Journey' Campaign cards.
2. **Walk** - to raise awareness and show solidarity with refugees and migrants and add some miles towards the target of 24,901 miles - the distance round the world.
3. **Donate** - to support CAFOD's front line work with refugees around the world.
4. **Find out more** - from the CAFOD site www.cafod.org.uk and by listening to refugees' own stories.
5. **Encourage others** - family, friends, parish, colleagues to do all the above.

Every step you take, together with others from across the country, will send a message to world leaders that they must step up too.